



Student Wellbeing Support Through CatholicCare

St Francis Catholic College is proud to partner with **CatholicCare Wollongong** to provide professional counselling services for students in need of support. Delivered through CatholicCare's **School, Student and Family Program (SSFP)**, these services are designed to promote student wellbeing and development, while strengthening connections with families and the wider school community.

Counselling is **confidential, professional, and inclusive**, offering students a safe space to talk through any challenges they may be facing. Whether it's emotional, social, or mental health-related, SSFP counsellors are here to listen and help students build positive coping strategies.

Through this compassionate and responsive support, CatholicCare –the social services agency of the Catholic Diocese of Wollongong –aims to bring hope, healing, and resilience to those they serve.

We're pleased to welcome **Sara-Ann Escarate** as our new counsellor for students in **Kindergarten to Year 6**. Students in **Years 7 to 12** will continue to be supported by our experienced counsellors **Hannah Stone** and **Hannah Watters**.

Together, we remain committed to nurturing the wellbeing of every student at St Francis Catholic College.

Term 3 Counsellor schedule:

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------|-----------------|-----------------|-----------------|-----------------|
| Hannah S (7-12) | Hannah S (7-12) | Hannah W (7-12) | Hannah W (7-12) | Hannah W (7-12) |
| | | Sara-Ann (K-6) | Sara-Ann (K-6) | Sara-Ann (K-6) |