SafeTALK Make a connection. Help save a life.

Suicide is preventable. Anyone can make a difference

- Half-day training in suicide alertness skills
- Learn four basic steps to create a life-saving connection
- Widely used by professionals and the general public

safeTALK works

Studies show that participants gain confidence:

- Asking people about suicide directly
- Connecting them to life-saving resources
- Keeping them safe until those resources take over

LifeLine in collaboration with CatholicCare is hosting this FREE training Date & Time: Wednesday 18th of March 2020, 5.30pm-8.30pm Location: CatholicCare Campbelltown - 35A Cordeaux St, Campbelltown. Street Parking available. Tea, coffee and light refreshments will be provided Turn up on the night or speak to your local School Counsellor to reserve a spot

To host a safeTALK in your community please contact



phone: 4545 7201 or email: <u>training@lifelinemacarthur.org.au</u>



Phone: 4628 0044

Email: enquiries@catholiccare.dow.org.au



Learn more about safeTALK and see the evidence at www.livingworks.net/safeTALK